

SUPPLIES PROVIDED

COOKING SET

1. Blender and food processor (*ADULTS ONLY*)
2. Mixing bowl set of 4
3. Utensils set (whisk, spatula x 2, can opener, measuring spoons and cups, grater, mixing spoon, first aid kit)
4. Adult apron
5. Cutting boards x 15
6. Kids aprons x 12
7. Lettuce knives x 15
9. Oven mitts
10. Clipboard

OVEN SET

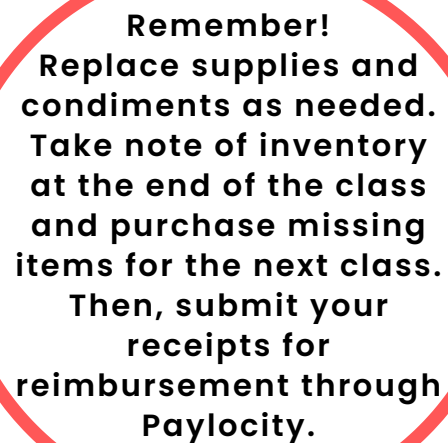
1. Toaster oven (*ADULTS ONLY*)
2. Oven mitts
3. Foil muffin tins
4. Foil

CLEANING SUPPLIES

1. Kitchen rags
2. Paper towels
3. Disinfecting wipes
4. Dish soap, sponge, dish brush
5. Hand soap for kids

CONDIMENTS

1. Salt and pepper
2. Honey
3. Olive oil
4. Vanilla (imitation extract)
5. Cinnamon
6. Sugar



Remember!
Replace supplies and condiments as needed. Take note of inventory at the end of the class and purchase missing items for the next class. Then, submit your receipts for reimbursement through Paylocity.



Optional



Required

Week #	Recipes	Oven	Blender	Food Processor
First Class	Blueberry Cheesecake	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
1	Veggie Tostada and Guacamole	<input checked="" type="checkbox"/>		
2	Baked Falafel and Limonana Pudding	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
3	Chin Chin and Chapman Punch	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
4	Veggie Kebobs and Cacik Dip	<input checked="" type="checkbox"/>		
5	Little Orange Cakes and Gazpacho	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
6	Lumpia Shanghai and Banana Smoothie	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
7	Rocoto Rellano and Veggie Ceviche	<input checked="" type="checkbox"/>		
8	Spanikopita and Hummus	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
9	Bruschetta and Tiramisu	<input checked="" type="checkbox"/>		
10	Raita and Naan Chips and Mango Lassi	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
11	Ratatouille and Strawberry Parfait	<input checked="" type="checkbox"/>		
12	Mini Pumpkin Pies and Whipped Cream	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
13	Kumara Salad and Trifle	<input checked="" type="checkbox"/>		
14	Chocolate and Avocado Pudding and Horchata		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
15	Shortbread Cookies and Gingerbread Dip	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
16	Kolaczki Thumbprint Cookies and Oat Milk Eggnog	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	

SHOPPING TIPS:

LET'S REDUCE WASTE TOGETHER



Dear Educators, we have compiled a list of recurring ingredients to minimize waste and encourage reuse for future weeks, saving you time and resources in the long run. Please remember not to leave perishable items in the bin.

Thank you for your dedication to sustainability in the classroom!

Remember - all the ingredients must be nut free!



Week #	Flour	Baking powder	Graham Crackers	Butter	Oats	Cocoa Powder
First Class			1.5 sleeves	1/2 stick		
1						
2	2 tbsp	2 tbsp				
3	1.5 cups	1/2 tbsp		1 stick		
4						
5	3/4 cup	1 tbsp		1/2 stick		
6						
7						
8						
9						1/4 cup
10						
11					1/2 cup	
12			1 cup (~1 sleeve)	1/2 stick		
13						
14						1/4 cup
15	2 cups			2 sticks		
16	1 cup			1/3 stick	1 cup	
Total	~6 cups	3.5 tbsp	2.5 sleeves (1 box)	5 sticks	1.5 cups	1/2 cup
						

NOTE: this curriculum also uses full 12 oz jar of honey, olive oil, sugar, and vanilla. If you are running low or run out, please buy more and submit for reimbursement.



This curriculum uses some spices that we included for you in addition to regular spices provided (like cinnamon and vanilla.)

Our spice pack includes:

- Cumin
- Paprika
- Soy sauce

Table below illustrates which lesson uses which spice.

Week #	Cinnamon	Vanilla	Cumin	Paprika	Soy Sauce
First Class		1 tsp			
1			3/4 tsp		
2	2 tsp		1 tsp		
3		1 tsp			
4					
5		1/2 tsp			
6					1 tbsp
7			6 tsp	2 tbsp	
8			1 tsp		
9		1 tsp			
10			1 tsp		
11	6 tsp				
12		2 tsp			
13					
14	1 tsp	1 tsp			
15	1 tsp	1 tsp			
16	2 tsp	2 1/4 tsp			
TOTAL	12 tsp or 4 Tbsp	10 tsp or 3 1/3 Tbsp	10 tsp or 3 1/3 Tbsp	2 Tbsp	1 Tbsp
	